



# DECEMBER NEWSLETTER



## Don't Forget: Winter Break

Don't forget that the studio will be closed for Winter Break beginning Monday, December 19th through Sunday, January 8th.

Classes will resume on Monday, January 9th, 2017.

Have a wonderful holiday break!

## Recital Permission Slips Due Now

By now you should have turned in your recital forms and initial payment.

Please contact Amber if you have any issues.

## Adaptive Force Performing Arts December 2016 Newsletter

Dear AFPA Family,

Can you believe it is already December and the New Year is only a couple of weeks away?! We sure can't. Time flies when you are having fun.

Don't forget Winter Break from dance begins next Monday, December 19th and classes resume on Monday, January 9th. When we come back from Winter Break, we will hit the ground running on learning recital numbers in class, the Phoenix Suns performances in March and so much more. 2017 will be another fun and busy year! Thank you for being part of it!

We are truly blessed to be doing what we love - teaching your children to dance (and so much more!) This time of year we seem to always reflect on how much each and every AFPA dancer and family means to us.

We wish all of our AFPA families and friends a Happy Hanukah, Merry Christmas and a safe and wonderful New Year. See you next year!

Mike & Amber Wittmers  
Proud Owners of AFPA

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**Congrats AFPA November Students Of The Month!**

### **Eliana Thomas - AFPA Academy Dancer**



This is Eliana's third season with AFPA. She is six years old and attends Horseshoe Trails Elementary School. She has grown so much in just a short amount of time with AFPA.

Currently, Eliana takes Ballet, Jazz, Tap, and Hip-Hop. Her teachers have all commented on how hard she works in class and what a great student she is.

We love having Eliana in our studio and can't wait to see where dance takes her in the future!

### **Emily Peterson - AFPA Performance Company Member**

Emily is ten years old and goes to Black Mountain Elementary School. This is Emily's second season with AFPA and her first season as a member of our Magnetic Force.

Emily is a great student in class and works so hard on getting her choreography correct. She is a natural performer and lights up any stage she's on. Her peers love having her on the team and her effort is second to none. We are so proud of Emily's progress this season!



### **Cali Velasquez - AFPA G-Force Dance Company Member**



Cali is seven years old and attends Annunciation Catholic School. This is Cali's second year at AFPA and her first year as a member of our G-Force Dance Company competition team.

Cali stepped on stage for the first time as a competition dancer in November and her infectious smile lit up the stage. All her teachers have noticed Cali's focus on choreography, technique and improvisation.

We are so happy to have her on our G-Force Dance Company and look forward to watching her shine on stage all season long!

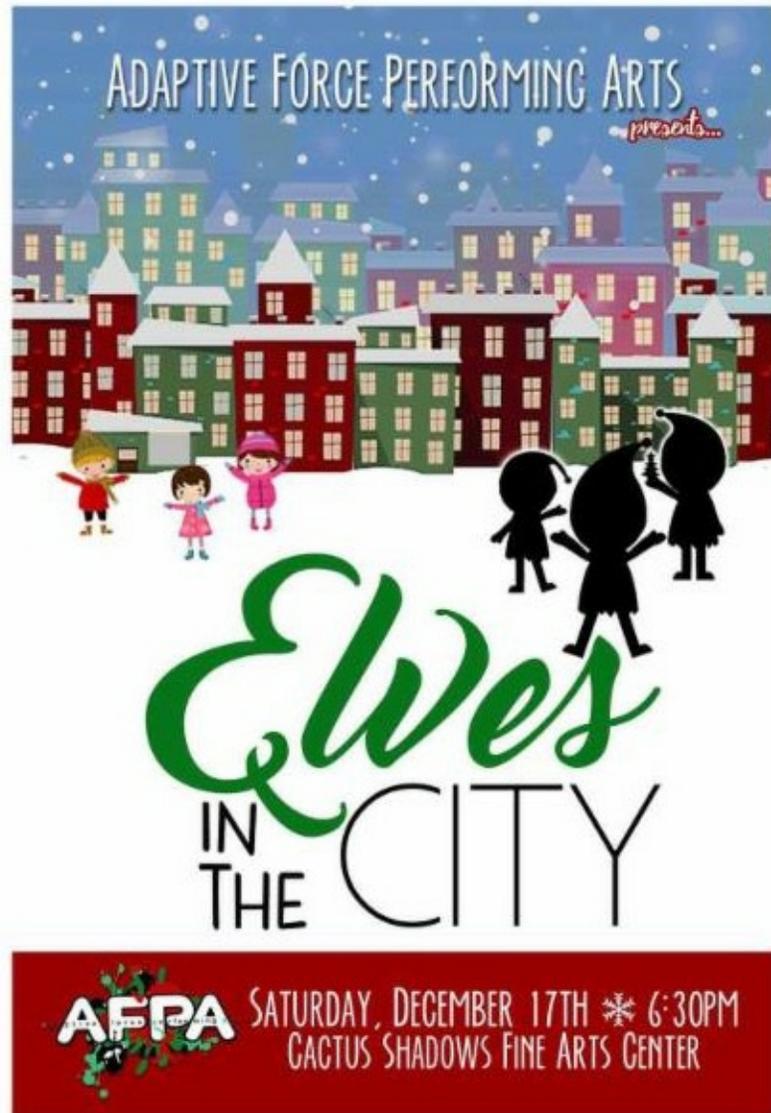
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**Time Is Running Out! Get Your Tickets For "Elves In The City" TODAY!**

Elves In The City, an original AFPA holiday production, is this Saturday,

December 17th at 6:30 pm at the Cactus Shadows Fine Arts Center. Tickets are now on sale. Tickets can be purchased at the AFPA front desk.

Don't forget to bring in your unwrapped toy donation and save \$3.00 per ticket for up to 4 tickets per toy! All toys will be donated to AZ Family Channel 3's Christmas Angel and Forgotten Angel programs. We look forward to seeing you there!



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Thank You Darrion Gallegos For An Awesome Class!

On Wednesday, December 14th AFPA hosted a Master Class taught by Darrion Gallegos. Not only was the class turnout amazing, but the level of talent in the room was even more incredible.

Thank you to Darrion and Irene for making the evening class a huge success. Every dancer worked so hard their faces were pink and their shirts soaked with sweat. That's what we love to see!



**Coming Soon**

## ESSEINTRICS™

- A dynamic workout based on the theories of Miranda Esmonde-White that simultaneously lengthens and strengthens every muscle in the body, resulting in greater joint mobility and lean, long muscles.
- A full-body technique that works through the muscle chains, liberating and empowering the muscles, relieving them from tension in the process.

*New fitness class scheduled January 2017*



## Happy Fitness With Patricia, AFPA's Zumba Instructor, Announces New Classes in 2017!

ESSEINTRICS™ workout is just another awesome new adult fitness class that will be offered by [Happy Fitness With Patricia](#). The new classes start in January and will complement Patricia's popular Zumba and Zumba Strong classes. This is just another way to ensure you stay Happy & Healthy throughout 2017!



